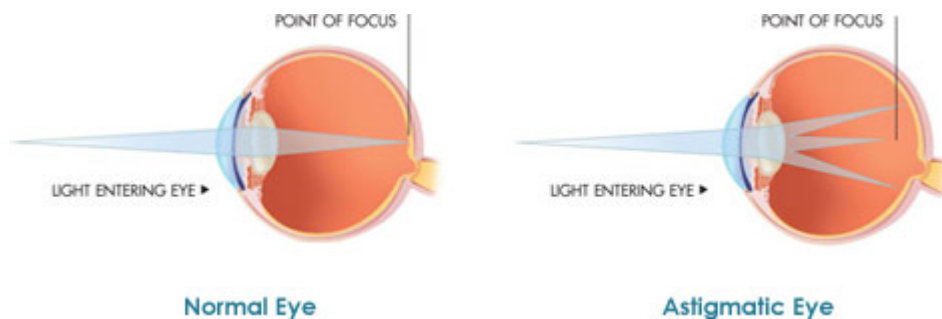




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## Astigmatism

Astigmatism occurs when the curvature of the cornea or lens is not perfectly round. It is sometimes described as the eye being shaped like a rugby ball rather than a football. Most people have a small amount of astigmatism, which may not need correcting. If vision is blurred or headaches occur, your optometrist may recommend glasses are worn all the time or just for specific tasks.



### Reference:

The College of Optometrists, the professional, scientific and examining body for optometry in the UK. People who are our members agree to meet the highest clinical and ethical standards. Look for the letters MCOptom to see if your optometrist is a member.